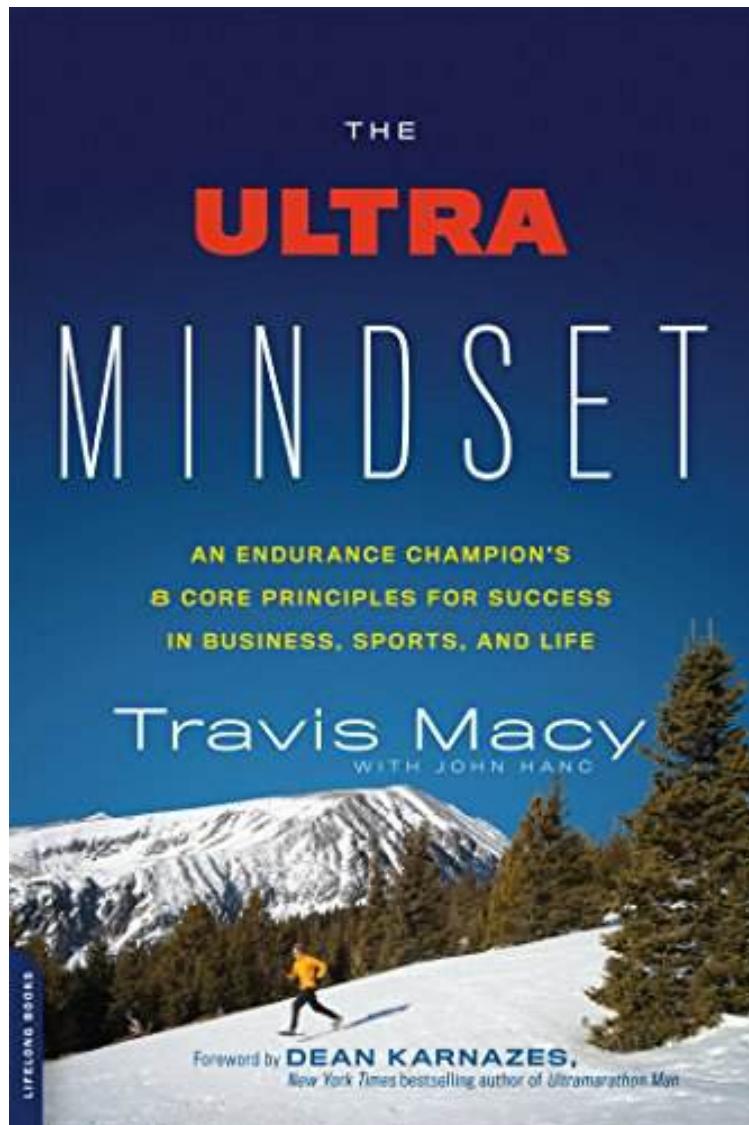


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# **The Ultra Mindset: An Endurance Champion's 8 Core Principles for Success in Business, Sports, and Life**

By John Hanc Travis Macy

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