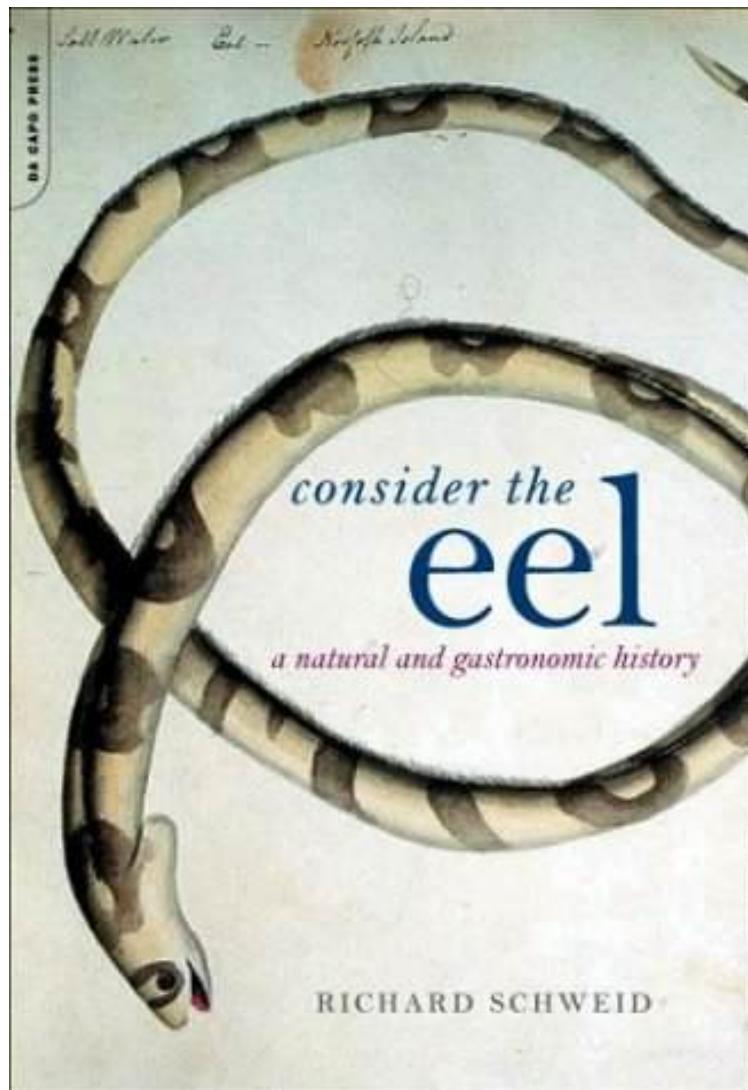


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Consider the Eel: A Natural and Gastronomic History

By Richard Schweid
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0 of 0 review helpful Maybe once was enough By John the Reader Rather unusual for me to be reading a book on food particularly seafood and not be stimulated to cook and eat it Ell like gator tail chocolate covered locust dog mealy grub and snake however are foods that I have decided not to eat again once maybe for some twice was enough However it is fascinating animal and well worth the consid Journalist Richard Schweid first learned the strange facts of the freshwater eel s life from a fisherman in a small Spanish town just south of Valencia The eeler who explained the animal s life cycle to me did so as he served up an eel he had just taken from a trap killed cleaned and cooked in olive oil in an earthenware dish writes Schweid I ate it with a chunk of fresh crusty bread It was delicious I was immediately fascinated As this engaging c From Publishers Weekly While Spanish German Irish Portuguese Italian Chinese and especially Japanese people place Anguillae well above salmon in their cuisines Americans by and large consider eels to be bait Thus North American estuaries have the best

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